



Cedar Rapids KARATE

Institute

2011 Class Schedule

Please Call or Email, if you have any questions!

Phone: 319-521-9524

Email: CRKI-2009@hotmail.com

WEBSITE:

www.cedarrapidskarateinstitute.com

| Day | CLASS | | | TIME |
|--|---------------------------|-----------|---------------------|---------------------|
| Monday | Little Tigers | Mixed | All Belts (3-6 yrs) | 5:00 PM – 5:45 PM |
| | Children's | Advanced | Green Belt & Up | 5:45 PM – 6:30 PM |
| | Adults/Juniors | Mixed | All Belts | 6:45 PM – 7:45 PM |
| Tuesday | Children | Beginners | White/Orange Belt | 5:00 PM – 5:45 PM |
| | Children's | Advanced | Green Belt & Up | 5:45 PM – 6:45 PM |
| Wednesday | Little Tigers | Mixed | All Belts (3-6 yrs) | 5:00 PM – 5:45 PM |
| | Children's | Beginners | White/Orange Belt | 5:45 PM – 6:30 PM |
| | Adults-Juniors | Mixed | All Belts | 6:45 PM – 7:45 PM |
| Thursday | Children | Mixed | All Belts | 5:45 PM – 6:45 PM |
| | Adults-Juniors | Mixed | All Belts | 6:45 PM – 7:45 PM |
| Thursday Classes are "OPEN"... for students to ask questions, work on areas They feel they need additional training in or assistance with...Black-Belts will provide guidance and assistance as needed or requested. | | | | |
| Friday | Children | Advanced | GreenBelt & Up | 5:30 PM – 6:30 PM |
| | Adults-Juniors | Advanced | GreenBelt & Up | 6:45 PM – 7:45 PM |
| Saturday | Adults-Juniors | Mixed | All Belts | 10:00 AM – 11:00 AM |
| | (Optional) Adults-Juniors | Mixed | Iaido/Weapons | 10:00 AM – 11:00 AM |
| | Children | Mixed | All Belts | 11:00 AM – 12:00 PM |

Private Lessons Available. Please contact the school phone @ [319-521-9524](tel:319-521-9524) to schedule Private Lessons. Additional Fees Apply. - Private Lessons are Available with Mr. Taylor or "Approved BlackBelts", ONLY "Approved" Black Belts as assigned by Master Taylor are permitted to provide Private Lessons. ALL Private Lessons must be held and completed at CRKI (exceptions must be approved and authorized). Parents may be requested to contact the Approved BlackBelt directly to schedule lessons.

MIXED-ALL Belts classes = ANY Belt Rank may attend

Advanced Classes: Focus on Advanced Curriculums, Forms, Sparring, Self-Defense, etc. for the Advanced Student -THESE CLASSES ARE FOR GreenBelt and Above ONLY!!!

All students are required to have their own Personal Set of Safety Gear and to bring the gear with them to EVERY Class.